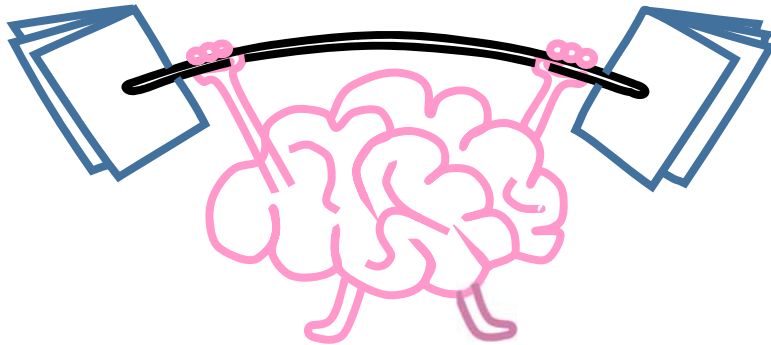




“HEALTHY HEART AND MIND”



“KEEPING YOUR MIND AND BODY FIT IN OLDER YEARS”

**An evening online event organised by the
Newbury Street Practice Patient Participation
Group - Guest Speakers will discuss how to
keep fit and well in the later decades of life -
physically, psychologically & socially.**

Thursday 22nd April 2021

at 8.00pm, via Zoom

Link to join Zoom Meeting:

<https://wantagetc-gov-uk.zoom.us/j/95514434896>

Meeting ID: 955 1443 4896