

**Contact the Emergency Duty Team (EDT)
for out of hours urgent emergencies:**

0800 833 408

**For adult social care and children's
services only.**

5pm–8.30am Monday to Thursday

4pm–8.30am Friday to Monday including
Bank Holidays

For more useful information please
contact:

Oxfordshire Age UK

Tel: 0345 450 1276

Email: contactus@ageukoxfordshire.org.uk

Web: www.ageuk.org.uk

Live Well Oxfordshire

Web: <https://livewell.oxfordshire.gov.uk/>



Newbury Street Practice

**CARE
MATTERS**

Think Carer?

Do you look after or give help/support to anyone and are not paid for this?

You maybe a CARER

You may not see yourself as a 'carer' - you see yourself as a son, daughter, partner, friend or neighbour. But if you regularly support and care for someone who could not manage without your help then you are a carer.

Please inform staff if you are a carer as this can be coded on your records.

If you would like carers consent so you are able to discuss issues with the patients practice please speak to your surgery.

There is help available to support you to carry on with this vital work and consider your own wellbeing.

SUPPORT FOR YOU IN YOUR CARING ROLE

If you are a carer the law says you have the right to have your own needs assessed, even if the person you care for has refused support services or an assessment of their own needs.

A carers assessment gives you the chance to say what you need as a carer, and to find out what support may be available to help you continue your caring role whilst still being able to pursue your own interests and lifestyle.

Your physical and emotional health and wellbeing and quality of life are at the heart of the assessment.

Please contact Carers Oxfordshire for more information:

Telephone: 01235 424715

Email: carersinfo@carersoxfordshire.org.uk

Website: <http://www.carersoxfordshire.org.uk>

Within Wantage Primary Care Network we have the following staff available to patients from both church Street and Newbury Street practice:

- GPs
- Practice Nurses
- Healthcare Assistants
- Pharmacists
- Social Prescribers
- Care Coordinators
- Mental Health Practitioner
- Dietician
- Health And Wellbeing Coach
- Physiotherapist

Please contact your GP practice if you would like to access one of these services.